



FLUSH COLONICS

COLON HYDROTHERAPY

Name _____ Date _____

Address _____

Phone (Hm) _____ (Mbl) _____ (Wk) _____

Email _____

Occupation _____

Emergency Contact

Name _____ Phone _____

Doctor _____ Phone _____

How did you learn of our services? _____

Please state your reasons for and expectations from receiving colon hydrotherapy?

Women Only

Are you pregnant? _____ Yes No

Is there any chance you might be pregnant? _____ Yes No

DAILY NUTRITION AND HABITS

What would you eat and drink typically throughout a day?

Breakfast _____ Drinks _____

Lunch _____ Drinks _____

Mid Afternoon _____ Drinks _____

Dinner _____ Drinks _____

Evening _____ Drinks _____

VITAL HEALTH INFORMATION

In order to provide the best possible care and to insure optimum results from your hydrotherapy session, the following information is essential. Please complete this section thoroughly and completely. All information contained herein, is strictly confidential.

Prescription medications

Supplements:

Medications

List the type and year of all surgeries and major illness

Have you ever had? (Tick if YES) Colonoscopy Sigmoidoscopy Barium Enema
Rectal Surgery

Do you suffer from constipation? No Yes Occasionally. How Long?

VITAL BOWEL HEALTH INFORMATION

Formed large and lumpy Formed medium width but with cracks on surface Very soft and unformed or liquid Small hard goat pellets Soft fluffy but smaller pieces Thin smooth sausage Other please describe :

How often do you empty your bowels?

Do you take laxatives and/or stool softeners? Yes No

Do you take fibre and/or psyllium? yes No

Colon hydrotherapy is a process, not a quick cure. Multiple sessions combined with good eating habits and regular exercise is necessary to achieve optimum results. It is advised before beginning diet, exercise, or other complementary modalities, to discuss it with your physician.

I agree and understand the information presented to me. I declare the information I have disclosed herein to be true and accurate.

Client Signature

Date

Disclaimer: Colon Hydrotherapy treatments are solely for prevention and colon cleansing and detoxification and are in no way a substitute for traditional, allopathic medical care. If you have severe symptoms of any serious disorders, it is your responsibility to seek the attention of a health care professional.

